



# MENU

**Serving fantastic lunches everyday** - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

Week commencing

15th April  
6th May  
27th May  
17th June  
8th July  
29th July  
19th August  
9th September  
30th September  
21st October

## Week 2

Week commencing

22nd April  
13th May  
3rd June  
24th June  
15th July  
5th August  
28th September  
18th September  
7th October  
28th October

## Week 3

Week commencing

29th April  
20th May  
10th June  
1st July  
22nd July  
12th August  
2nd September  
23rd September  
14th October  
4th November

	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
<b>Traditional Main Course</b>	Crispy Coated Chicken Burger or Quorn Goujons in a Bun with Tortilla Chips & Sweetcorn	Loaded Beef or Vegetarian Bean Chili Tacos with Mixed Rice	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Booths Pork or Vegetarian Sausages with Herby Potato Wedges	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips
<b>Pizza &amp; Pasta</b>	Vegetable Pasta Bake	Cheese & Tomato Prawn/vee Pizza with Paprika Potato Wedges	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Freshly Prepared Salad Selection (V)	Oven Baked Chips with Garden Peas & Sweetcorn or Baked Beans
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips
<b>Dessert</b>	Sticky Toffee Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Chocolate Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Brownie or Fruit Yoghurt with Fruit Selection & Milk
MEAT FREE MONDAY					
<b>Traditional Main Course</b>	Vegetarian Sausage Roll with Paprika Potato Wedges	British Beef or Vegetarian Burger in a Bun with Tortilla Chips	Roast Pork or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Naan Bread	Harry Ramsdens Crispy Battered Fish or Vegetable Fingers with Oven Baked Chips & Mussy Peas
<b>Pizza &amp; Pasta</b>	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Tomato, Mild Chilli & Sweet Pepper Pasta with Freshly Prepared Salad Selection (V)	Homemade Calzone Pizza with Rainbow Vegetable Pasta Salad (V)	Cheese, Broccoli & Pasta Bake with Freshly Prepared Salad Selection (V)	Homemade Pizza Margherita with Oven Baked Chips & Baked Beans (V)
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips
<b>Dessert</b>	Vanilla Sponge & Chocolate Sauce or Fruit Yoghurt with Fruit Selection & Milk	Mini Chocolate Shortbread or Fruit Yoghurt with Fruit Wedges & Milk	Oaty Flapjack or Fruit Yoghurt with Fruit Selection & Milk	Mini Vanilla Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk
MONDAY					
<b>Traditional Main Course</b>	Booths Pork Sausages or Vegetarian Sausage in a Bun with Tortilla Chips	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Paprika Potato Wedges	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Summer Picnic Lunch Assorted filled Sandwich and/or Wrap with Mini Sausage Rolls	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips
<b>Pizza &amp; Pasta</b>	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (V)	Mixed Vegetable Medley or Baked Beans with Tando Pizza Panini	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Beef or Quorn Pasta Bolognese with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips
<b>Dessert</b>	Chocolate Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Mousse Delight or Fruit Yoghurt with Fruit Selection & Milk
SUGARWISE TUESDAY					
<b>Traditional Main Course</b>	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Paprika Potato Wedges	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Beef or Quorn Pasta Bolognese with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips
<b>Pizza &amp; Pasta</b>	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (V)	Mixed Vegetable Medley or Baked Beans with Tando Pizza Panini	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Beef or Quorn Pasta Bolognese with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips
<b>Dessert</b>	Chocolate Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Mousse Delight or Fruit Yoghurt with Fruit Selection & Milk
WEDNESDAY					
<b>Traditional Main Course</b>	Booths Pork Sausages or Vegetarian Sausage in a Bun with Tortilla Chips	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Paprika Potato Wedges	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Summer Picnic Lunch Assorted filled Sandwich and/or Wrap with Mini Sausage Rolls	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips
<b>Pizza &amp; Pasta</b>	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (V)	Mixed Vegetable Medley or Baked Beans with Tando Pizza Panini	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Beef or Quorn Pasta Bolognese with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips
<b>Dessert</b>	Chocolate Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Mousse Delight or Fruit Yoghurt with Fruit Selection & Milk
SUGARWISE THURSDAY					
<b>Traditional Main Course</b>	Booths Pork Sausages or Vegetarian Sausage in a Bun with Tortilla Chips	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Paprika Potato Wedges	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Summer Picnic Lunch Assorted filled Sandwich and/or Wrap with Mini Sausage Rolls	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips
<b>Pizza &amp; Pasta</b>	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (V)	Mixed Vegetable Medley or Baked Beans with Tando Pizza Panini	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Beef or Quorn Pasta Bolognese with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips
<b>Dessert</b>	Chocolate Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Mousse Delight or Fruit Yoghurt with Fruit Selection & Milk
FRIDAY FAVOURITES					
<b>Traditional Main Course</b>	Booths Pork Sausages or Vegetarian Sausage in a Bun with Tortilla Chips	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Paprika Potato Wedges	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Summer Picnic Lunch Assorted filled Sandwich and/or Wrap with Mini Sausage Rolls	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips
<b>Pizza &amp; Pasta</b>	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (V)	Mixed Vegetable Medley or Baked Beans with Tando Pizza Panini	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (V)	Beef or Quorn Pasta Bolognese with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips
<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips
<b>Dessert</b>	Chocolate Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Mousse Delight or Fruit Yoghurt with Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally, subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Compassion in Reading, SLP tools and support the 'Change 4 Life' campaign. The result is a menu you can all enjoy and that will prepare them for learning in the afternoon.