

What should I already know?

- Make links between beliefs and sacred texts, including how and why religious sources are used to teach and guide believers
- Explain the impact of beliefs and values – including reasons for diversity
- Explain differing forms of expression and why these might be used
- Describe diversity of religious practices and lifestyle within the religious tradition
- Interpret the deeper meaning of symbolism – contained in stories, images and actions
- Explain (with appropriate examples) where people might seek wisdom and guidance
- Consider the role of rules and guidance in uniting communities
- Discuss and debate the sources of guidance available to them
- Consider the value of differing sources of guidance

Knowledge

- Analyse Buddhist beliefs and teachings about how to be content
- Explain Buddhist beliefs and values contained within the story of Prince Siddhartha
- Make links between the story of the life of Prince Siddhartha and Buddhist beliefs and teachings about The Four Noble Truths
- Describe and explain what is involved in following the Eight-Fold Path of Buddhism – and the impact that following this might have on the life of a Buddhist.
- Consider the importance of daily meditation in Buddhism
- Discuss the meaning of contentment – is it the same as happiness, or something different?
- Raise questions about the human experience of being unsatisfied – why do humans so often want more than they have? To what extent does this prevent people from ever being happy?
- Ask and respond thoughtfully to questions about their own happiness – consider this as something that they are in control of
- Discuss the potential barriers to their happiness and what they can do to overcome these

Year 6- Spring Term 1- Buddhism (Religious Education)

What do we mean by a good life?

Skills

This unit will enable pupils to explore the concept of a good life through considering what Buddhism teaches makes someone truly happy. They will find out about the life experiences that started Prince Siddhartha's journey to becoming the Buddha and will reflect on how the teachings of the Four Noble Truths and the Eightfold Path impact the spiritual journeys and daily lives of Buddhists. They will have the opportunity to experience meditation and to reflect on their own life and happiness as they prepare for the change of leaving primary school.

This unit will build on their prior learning about life as a journey and deepen their understanding of how people might cope with change and difficulties in life. They should be able to make reference to other religions and worldviews that they have studied when discussing how beliefs and values might give people guidance and support to enable them to live a 'good' life.

Vocabulary

- Buddhist
- The Four Noble Truths
- Eight- fold path
- Meditation
- Contentment
- Happiness
- Prince Siddhartha