



Station Road, Thornton Cleveleys, FY5 5HY. Telephone 01253 823420

Dear Parent/Carer,

At the moment we are having problems with head lice. Would you please check your child's hair regularly **morning and evening**, this is very important to lessen the risk of infection. Please could long hair be tied back.

If you do find any lice or nits (the dark eggs) the following treatment is recommended:

- Find a comfortable, well-lit spot.
- Wash the hair using ordinary shampoo and use conditioner to make combing easier. Towel dry hair and remove tangles.
- Check the hair of each adult and child in the household. Hair should be damp, split into small sections then combed over a light-coloured surface from scalp to the ends, using a detection comb with teeth no more than 0.3mm apart to trap head lice (available at the Chemist). Wipe the comb each time with a piece of kitchen towel and check for live lice.
- If there is no evidence of infection, **please do not treat.**
- If living, moving lice are found, the people infected should be treated with head lice lotion. Ask your Chemist/Health Visitor which lotion to use and how long to leave it in for. It is important to follow the instructions on the bottle carefully.
- Treat all infected people at the same time.
- Treat all of them again seven days later, in the same way, with the same lotion.
- Check all the heads a day or two after the second treatment. If you are still finding living, moving lice, ask your Chemist for further advice.
- All close contacts should be advised to follow the procedures above. **This is your responsibility.** Proper contact tracing can help to stop the infection spreading and perhaps returning to your family. A close contact is someone who has had head to head contact with the infected person within the last month.

**Remember:**

- Make weekly head checks part of your home routine.
- Scratching and itching of the scalp may be a sign of head lice (but not always).
- If your child has long hair, keep it tied back.

For more advice and support speak to your Chemist or visit:

[www.nhs.uk/conditions/head-lice-and-nits](http://www.nhs.uk/conditions/head-lice-and-nits)

Yours sincerely,

Mrs Finney.

**Headteacher: Mrs A G Finney, B.Ed.Hons., N.P.Q.H.**