

**JB's and Earlybirds**

**Work out fees 2023 -2024**

Individual sessions:

Earlybirds £4.00

JB's

£8.00

Autumn 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>September</b>	4	5	6	7	8
	11	12	13	14	15
<b>Rec start</b>	18	19	20	21	22
	25	26	27	28	29
<b>October</b>	2	3	4	5	6
	9	10	11	12	13
	16	17	18	19	20
<b>Autumn 2</b>					
<b>October</b>	30	31			
<b>November</b>			1	2	3
	6	7	8	9	10
	13	14	15	16	17
	20	21	22	23	24
	27	28	29	30	
<b>December</b>					1
	4	5	6	7	8
	11	12	13	14	15
	18	19	20		
<b>Spring 1</b>					
<b>January 24</b>	8	9	10	11	12
	15	16	17	18	19
	22	23	24	25	26
	29	30	31		
<b>February</b>				1	2
	5	6	7	8	9
<b>Spring 2</b>					
	19	20	21	22	23
	26	27	28	29	
<b>March</b>					1
	4	5	6	7	8
	11	12	13	14	15
	18	19	20	21	22
	25	26	27	28	
<b>Summer 1</b>					
<b>April</b>	15	16	17	18	19
	22	23	24	25	26
	29	30			
<b>May</b>			1	2	3
	B/H	7	8	9	10
	13	14	15	16	17
	20	21	22	23	24
<b>Summer 2</b>					
<b>June</b>		4	5	6	7
	10	11	12	13	14
	17	18	19	20	21
	24	25	26	27	28
<b>July</b>	1	2	3	4	5
	8	9	10	11	12
	15	16	17	18	19

