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Dear Parent/Guardian,

Sporting NRG Limited, in partnership with Wyre and Fylde School Sports Partnership, are offering your child the opportunity to take part in a practical cycle training course.

The course has been organised to take place as follows:

Dates: Thursday 28th September and Thursday 5th October 2023

Times: 10.00am-12.00pm and 1.00pm-3.00pm

Venue: Baines Endowed C of E Primary School

During this time your child will take part in a series of cycling activities initially on the school yard, then progressing onto public highways, bridleways, canal tow and cycle paths. The course is based around National Standards and your child will be working towards the **BikeAbility Level Two** award. Please be aware that this is progressive course. If any participant fails to attain the necessary standard required during the Level One session they will not be able to continue with the progression onto public highways.

Your child will require:

1. **A bicycle** of a suitable size and in a fully maintained and roadworthy condition throughout the course. If your child's bike is below a suitable standard, when checked by instructors, they will not be able to take any part in the course. For tips on how to check your bike is roadworthy, visit <https://bikeability.org.uk/bikeability-training/get-ready>
2. **An approved cycle helmet** – this is compulsory whilst undertaking the course. Should your child not have a helmet or it is not of the recognised standard they will be loaned a helmet by our instructors.
3. **Appropriate outdoor clothing** including gloves.

Your child will also be loaned a reflective jacket that will be worn throughout the course.

All instructors that come into contact with your child are qualified National Standard Instructors and hold Enhanced DBS Disclosures.

If you wish for your child to take part in this free course please complete the attached consent form and **return to the school no later than Friday 14th July 2023.**

Should you require any further information please do not hesitate to contact us on the details above.

Yours sincerely

Sporting NRG Limited

Privacy Policy: please see website [sportingnrg.co.uk](http://sportingnrg.co.uk)



# Bikeability

## Enrolment and Consent Form



**School:** \_\_\_\_\_

Full Name of child: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**MEDICAL INFORMATION**

Does your child have any medical needs/allergies or special needs that we will need to take into consideration throughout the course of the scheme (i.e. asthma, epilepsy, learning difficulties)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I consent to photographs/videos being taken of my child and used for promotional material, including the company website, relating to Sporting NRG Limited and Blackburn with Darwen School Sports Partnership.

Yes  No  (please tick)

	<b>Tick to confirm</b>
My child can already ride a bike and I understand that cycle training will be refused if they cannot ride competently.	
My child is medically fit to take part in Bikeability.	
My child will bring a roadworthy bike and I understand that cycle training will be refused if their bike is not suitable.	
My child will bring a helmet that fits securely.	
My child will have weather appropriate clothing.	
My child is responsible for their own behaviour, and I understand that cycle training may be refused if my child's behaviour puts them at risk to themselves or others.	
I have read the letter and supporting information, and I give consent for my child to take part in a programme of cycling activity.	

Signature of Parent/Guardian: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Delivery of this cycle training is subsidised by The Bikeability Trust. To support the equal delivery and monitoring of cycle training across England, the Bikeability Trust is required to collect information about rider characteristics. This data will enable the Trust to demonstrate the need for additional funding and target interventions to ensure every child can receive Bikeability cycle training.

Please complete the following fields, which will be fully anonymised. Please see our website for our Privacy Policy.

### **Gender**

- Male  Female  
 Other  Prefer not to say

### **Ethnicity**

- Asian - Bangladeshi  Asian - Chinese  
 Asian - Indian  Asian - Pakistani  
 Asian - Any other Asian background
- Black - Black African  Black - Any other Black background  
 Black - Black Caribbean
- Mixed - White and Asian  Mixed - White and Black African  
 Mixed - White and Black Caribbean  Mixed - Any other Mixed background
- White - Gypsy/Roma  White - Irish  
 White - Traveller of Irish Heritage  White - White British  
 White - Any other White background
- Any other ethnic group  Prefer not to say  
 Any other ethnic group - Arab

### **Special Education Needs and Disability**

- Yes  No  Prefer not to say

### **Pupil Premium Eligible**

- Yes  No  Prefer not to say